

Kick'n It... In The Kidz Zone

Youth Newz for the City

February 2009

www.cozmizionchurch.org



Greetings Beloved!

We've just spent 21 days of a new year in prayer and fasting to consecrate ourselves for 2009. Some days, times and moments were more difficult than others, but...let's thank God for the VICTORY! Over the past several weeks, I've witnessed and heard of miracles that have taken place in the lives of our church family and the lives of those connected to members of our church family. God kept one young lady from being on that plane that was forced to land in the Hudson river. He kept one young man from spending time locked away in a prison cell. He returned one "missing" person safely to the people who love them. He granted one young lady a full ride scholarship to UT. He healed sick bodies, restored marriages, and broke yokes. God has truly blessed us during this time of prayer and fasting. But, He's not through with us yet. Keep your ears and eyes open to witness the great things that are yet to come! Remember...God loves you and so do I. <Luv PAZ> Talmadge J. Thomas, Senior Pastor

A Defining Moment:

What is Fasting?



Fasting, according to the American Heritage College Dictionary, is "to abstain from food or to eat very little." In the body of Christ, we expand up-

on that definition by noting that fasting for us is "to deny the physical body (of food, beverages, media, etc.) for a period of time, so that we can focus on the spiritual body." We focus on the spiritual body by praying, agreeing, denying the flesh, reading and studying God's WORD.

Christians may fast individually or corporately (with their church family or other members of the body). Fasts are usually held for a specified period of time (i.e. 3 days, 7 days, 21 days) and for a designated purpose (i.e. healing, deliverance, protection, guidance, revelation). The bible provides many examples of Christ's followers calling and/or participating in fasts, as well as instructions on how we should fast:

Matthew 6:16- "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting..."

Ezra 8:21- "...I proclaimed a fast, so that we might humble ourselves before our God and ask him for a safe journey for us and our children, with all our possessions."

Psalms 35:13- "Yet when they were ill, I put on sackcloth and humbled myself with fasting..."

During our 21 days of prayer and fasting, several youth participated in modified versions of the fast; some "gave up" pop and sweets. What will you give up (sacrifice) for Christ? The next time your church family is fasting, ask how you can be a part of it.

YouTube.com



Check out
Pastor
Thomas:

www.youtube.com/cozpazthomas

Commit to Memory:

Isaiah 45:3

"And I will give you treasures hidden in the darkness—secret riches. I will do this so you may know that I am the LORD, the God of Israel, the one who calls you by name."



Quote of the Day:

"Be a **first** rate version of yourself,
not a **second** rate version of someone else!"

– Judy Garland

Upcoming Events.....

February 2009:

Saturday, Feb. 7 at 8 PM on TNT:

Gifted Hands: The Ben Carson Story

Pastor has asked families to spend time together watching "Gifted Hands: The Ben Carson Story" starring Cuba Gooding, Jr. There will be a youth gathering and discussion of the movie at a later date. Watch for details regarding the gathering.

REMEMBER:

* School of Empowerment every Sunday @ 9 AM

* Word Alive every Wednesday (6 PM - 8 PM)

Mission Statement: The Youth Development Ministry exists to expose youth to God's love by teaching them to worship and enjoy one another before offering themselves in service to Christ.

God Bless America's New First Family:

PRESIDENT BARACK OBAMA, FIRST LADY MICHELLE, AND FIRST DAUGHTERS MALIA AND SASHA



Challenge... what do you know about the Obamas?

1. What is President Obama's middle name?
2. When was President Obama born?
3. Which U.S. President (number) is Mr. Obama?
4. Which college(s) did President Obama attend?
5. Which college(s) did First Lady Michelle attend?
6. While obtaining his law degree, President Obama was elected the first black to head what organization?
7. President Obama was the junior senator for which state?
8. What is the name of President Obama's eldest daughter?
9. President Obama's father was from where?
10. What is the name of President Obama's youngest daughter?
11. In what year was the Obamas married?
12. From which state was President Obama's mother?